

BLESSED ARE YOU.

ENTRANCE ANTIphon Ps 105: 47

Save us, O Lord our God! And gather us from the nations, to give thanks to your holy name, and make it our glory to praise you.

1st READING ZEPH 2:3; 3:12-13

A reading from the prophet Zephaniah

Seek the Lord all you, the humble of the earth, who obey his commands. Seek integrity, seek humility: you may perhaps find shelter on the day of the anger of the Lord. In your midst I will leave a humble and lowly people, and those who are left in Israel will seek refuge in the name of the Lord. They will do no wrong, will tell no lies; and the perjured tongue will no longer be found in their mouths. But they will be able to graze and rest with no one to disturb them.

The Word of the Lord

All: Thanks be to God

RESPORsorial PSALM Ps 145:7-10

RESPONSE: Happy the poor in spirit; the kingdom of heaven is theirs!

It is the Lord who keeps faith for ever, who is just to those who are oppressed. It is he who gives bread to the hungry, the Lord, who sets prisoners free. *R/*

It is the Lord who gives sight to the blind, who raises up those

who are bowed down, the Lord, who protects the stranger and upholds the widow and orphan. *R/*

It is the Lord who loves the just but thwarts the path of the wicked. The Lord will reign for ever, Zion's God, from age to age. *R/*

2nd READING 1 COR 1: 1: 26-31

A reading from the first letter of St Paul to the Corinthians

Take yourselves, brothers, at the time when you were called: how many of you were wise in the ordinary sense of the word, how many were influential people, or came from noble families? No, it was to shame the wise that God chose what is foolish by human reckoning, and to shame what is strong that he chose what is weak by human reckoning; those whom the world thinks common and contemptible are the ones that God has chosen - those who are nothing at all to show those

who are everything. The human race has nothing to boast about to God, but you, God has made members of Christ Jesus and by God's doing he has become our wisdom, and our virtue, and our holiness, and our freedom. As scripture says: if anyone wants to boast, let him boast about the Lord.

The Word of the Lord

All: Thanks be to God

GOSPEL ACCLAMATION Mt 5: 12

Alleluia, alleluia! Rejoice and be glad; Your reward will be great in heaven. Alleluia!

GOSPEL Mt 5: 1-12

A reading from the holy Gospel according to Matthew

Seeing the crowds, Jesus went up the hill. There he sat down and was joined by his disciples. Then he began to speak. This is what he taught them: 'How happy are the poor in spirit; theirs is the kingdom of heaven. Happy the gentle: they shall have the earth for their heritage. Happy those who mourn: they shall be comforted. Happy those who hunger and thirst for what is right: they shall be satisfied. Happy the merciful: they shall have mercy shown them. Happy the pure in heart: they shall see God. Happy the peacemakers: they shall be called sons of God. Happy those who are persecuted in the cause of right: theirs is the kingdom of heaven. 'Happy are you when people abuse you and persecute you and speak all kinds of calumny against you on my account. Rejoice and be glad, for your reward will be great in heaven.'

The Gospel of the Lord

All: Praise to you, Lord Jesus Christ.



St Mary Star of the Sea & Corpus Christi Parish

4th SUNDAY IN ORDINARY TIME YEAR A

1st February 2026



PARISH PRIEST:
Fr. Marcelo Parra
ASSISTANT PRIEST:
Fr. Grzegorz Rapcewicz
PARISH SECRETARY:
Ann Clarke
SAFEGUARDING OFFICER:
Rommie Masarei (Mobile # 0417 979 867) - Corpus Christi
Virginia Tobar (Mobile # 0413 197 856) - St Mary Star of the Sea
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Monday, Wednesday & Friday (9.30am to 12.30pm)
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SACRAMENTAL PROGRAM:
RECONCILIATIONS:
sacraments.cottesloe@perthcatholic.org.au
CHILDREN'S LITURGY:
ADORATION * BENEDICTION:
Saturday 12:00pm Star of the Sea
BAPTISMS:
Saturday 5:00pm Corpus Christi
WEDDINGS:
Sundays at 10am Mass (during school term)
COLUMBIARIUM COORDINATOR:
First Friday of the month immediately after 9am Mass
Second and Fourth Sunday of the month at 11am
Only by appointment
Ann Clarke (Email: columbarium.cottesloe@perthcatholic.org.au)



PARISH CALENDAR – FOURTH WEEK OF ORDINARY TIME

Sunday, 1st February 2026

8:30am Mass—Mosman Park
10:00am Mass—Cottesloe
NO Children's Liturgy
12:00pm Mass (Spanish)—Cottesloe
5:00pm Mass—Cottesloe

Monday, 2nd February 2026

9:00am Mass—Cottesloe

Tuesday, 3rd February 2026

8:15am NO Mass—Mosman Park
9:00am Mass—Cottesloe

Wednesday, 4th February 2026

9:00am Mass—Cottesloe

Thursday, 5th February 2026

9:00am Mass—Cottesloe

Friday, 6th February 2026

First Friday of the Month
9:00am Mass—Cottesloe
9:30am Adoration
10:00am Benediction

Saturday, 7th February 2026

9:00am Mass—Cottesloe
12:00pm Confessions—Cottesloe
5:00pm Confessions—Mosman Park
5:30pm Vigil Mass—Mosman Park
8:00pm Neocatechumenal Community Mass (Parish Centre Cottesloe)

BLESSED ARE THE POOR IN SPIRIT.

When holy Scripture is being read we should look at ourselves as as though in a mirror and consider our state of soul- Let me explain what I mean. We hear the Lord saying: Blessed are the poor in spirit, for theirs is the kingdom of heaven. This must make us always examine and test ourselves whenever we suffer humiliation, whenever we are insulted, dishonored, and treated with contempt, to see whether or not we possess the virtue of humility. A person who has it bears everything without feeling hurt or taking offense. His heart is not wounded by anything that happens to him. If he is slightly wounded he is not completely upset; on the contrary, because of that heart wound, simply for having been slightly pained instead of accepting what happened with joy, he is distressed and thinks himself despicable, he grieves and weeps. Withdrawing into the inner chamber of his soul or his cell, he falls down before God and confesses to him as though he had completely forfeited eternal life. Then again we hear: Blessed are those who mourn. Notice

that the Lord does not say those who have mourned, but those who continually mourn. Concerning this too, then, we must examine ourselves to see whether we mourn every day, for if we have been made humble by repentance, obviously we shall not pass a single day or night without tears, without mourning, and without compunction. And again: Blessed are the gentle. Can anyone who mourns every day continue to live in a state of anger and not become gentle? Just as water extinguishes a blazing fire, so mourning and tears extinguish anger in the soul so completely that a person who has long been given over to it sees his irascible disposition transformed into perfect serenity. Again we hear: Blessed are the merciful Who, then, are the merciful? Those who give away their possessions or who feed the poor? No. Then who are they? Those who have become poor for me sake of him who became poor for our sake, those who have nothing to give, but who in a spiritual way are always mindful of the poor, me widows, the orphans, and

the sick. Seeing them frequently, they have compassion on them and shed burning tears over them. Such was Job, who said: I wept over every infirmity. When they have anything they cheerfully give alms to them, as well as ungrudgingly reminding all of how they can save their souls, thus obeying the one who said: What I learned with pure intention I pass on without grudging. These are the ones the Lord calls blessed, the ones who are truly merciful, for such mercy is like a step by which they ascend to attain perfect purity of heart. The virtue of this God then proclaims the pure of heart blessed, saying: Blessed are the pure of heart, for they shall see God. The purified soul sees God in everything and is reconciled to him. Peace is established between God our creator and the soul, his erstwhile enemy, and it is then called blessed by God for being a peacemaker: Blessed are the peacemakers, he says, for they shall be called children of God.

Gospel: Matthew 5:1-12

Commentary: Symeon the New Theologian

REGISTRATIONS ARE OPEN FOR THE AFTER SCHOOL SACRAMENTAL PROGRAM 2026

- FIRST HOLY COMMUNION** Online enrolments will close **Monday 23rd March 2026**
- CONFIRMATION** Online enrolments will close **Monday 17th August 2026**

Please register online at: <https://staroftheseachurch.org.au/sacramental-programme/>
For all inquiries and further information needed please contact Natasha Colli, Sacraments Coordinator: sacraments.cottesloe@perthcatholic.org.au

RECONCILIATION COMMITMENT MASSES will be held at **Corpus Christi Mosman Park** on **Saturday 7th February at 5:30pm** and **St Mary Star of the Sea Cottesloe** on **Sunday 8th February at 10am**.

Would you please keep in your prayers all the children who will make their commitment during Mass to prepare for their Reconciliation, also their parents and teachers who will support them during their preparation for Reconciliation.

Cottesloe / Mosman Park Parish Calendar

Mon	Feb	2	Feast Day	9:00am	Mass	Cottesloe	The Presentation of the Lord
Tue	Feb	3	Memorial	9:00am	Mass	Cottesloe	Saint Ansgar & Blaise
Thu	Feb	5	Memorial	9:00am	Mass	Cottesloe	Saint Agatha
Fri	Feb	6	Adoration	9:00am	Benediction	Cottesloe	1st Friday of the month
Fri	Feb	6	Memorial	9:00am	Mass	Cottesloe	Saints Paul Miki and Companions
Sun	Feb	8	Welcome	10:00am	Mass	Cottesloe	Sunday Welcoming Mass and Morning Tea
Tue	Feb	10	Memorial	9:00am	Mass	Cottesloe	Saint Scholastica
Wed	Feb	11	Memorial	9:00am	Mass	Cottesloe	Our Lady of Lourdes World day of Prayer for the Sick
Sat	Feb	14	Memorial	9:00am	Mass	Cottesloe	Saints Cyril and Methodius
Tue	Feb	17	Memorial	8:15am	Mass	Mosman Pk	The Seven Holy Founders of the Servite Order
Tue	Feb	17	Memorial	9:00am	Mass	Cottesloe	The Seven Holy Founders of the Servite Order
Wed	Feb	18	Lent	9:00am	Mass	Cottesloe	Ash Wednesday
Sat	Feb	21	Memorial	9:00am	Mass	Cottesloe	Saint Peter Damian (commemoration)
Mon	Feb	23	Memorial	9:00am	Mass	Cottesloe	Saint Polycarp (commemoration)
Fri	Feb	27	Memorial	9:00am	Mass	Cottesloe	Saint Gregory of Narek (commemoration)



PARISH NEWS

FIRST FRIDAY ADORATION AND BENEDICTION

This **Friday 6th of February 2026** is the first Friday of the month and following the **9am Mass** there will be **Adoration of the Blessed Sacrament** from 9:30am to 10:30am, followed by **Benediction**.



Come, humbly kneel before Him. Give Him an hour of adoration



VOLUNTEERS WELCOME AND ARE NEEDED Our parish church at Cottesloe and Mosman Park is looking for volunteers for all of the Ministries for **Altar Society, Church Cleaners, Readers at the Masses, Musician, and singers for the choirs at the Masses**. If you wish to be involved speak with **Fr Marcelo** or **Fr Grzegorz** either before or after Mass, or contact the Parish Office Tel: 9384-221 or Email: cottesloe@perthcatholic.org.au

Sacramental Program: RECONCILIATION Online enrolments will close tomorrow **Monday 2nd February 2026**. if your child has not been enrolled would you please register online at: <https://staroftheseachurch.org.au/sacramental-programme/>

WELCOMING MASS & MORNING TEA IN FEBRUARY

 Our welcoming Mass and morning tea will commence again on **8th of February** after the Sunday 10am Mass. All are Welcome.

SUNDAY CHILDREN'S LITURGY OF THE WORD

We are excited to share that Children's Liturgy of the Word will be starting again after the school holidays! From **Sunday 8th February**, children are invited to join us during Mass for a special time of prayer, stories, and activities designed just for them. It is a wonderful way for our young ones to grow in faith and understanding in a way that is engaging and age appropriate. Join us at the beginning of the 10:00am Mass and then we will go to the Parish Centre for Children's Liturgy. We can't wait to welcome our children back and share the joy of God's Word together!

MOSMAN PARK CORPUS CHRISTI NO TUESDAY MORNING MASS

During the summer holidays there will be no **Tuesday 8:15am Mass** **Mass @ 8:15am** on Tuesday's will recommence in **February 2026**

OUR SICK

Please keep those who are sick at home, and in nursing homes and in the general community in your prayers. Let us keep our parishioners who are unable to be with us at Mass:

Dariusz Rapcewicz
Francesca Letizia
Maria Blaszczynska
Leon & Burchell Jones
Julie Atrache
Tim and Estelle Beckett
Marie and Ivo Milicich



Requiescat in Pace

For family members & friends who have recently passed to Eternal Life, and especially for all the departed Souls:

Eternal rest, grant unto them, O Lord, and let perpetual light shine upon them. May the souls of the faithful departed through the mercy of God rest in peace. Amen.